



Tools for Thought

January, 2010



TOOLBOX JOURNEYS "A SOURCE OF TOOLS FOR YOUR JOURNEY"
WWW.TOOLBOXJOURNEYS.COM

Our mission is to be a source of information to educate, enhance, enlighten and awaken your inner being.

Last year we presented some interesting workshops. We learned "Healing Touch", visited with some spirits with Mark Anthony, and drank crystal water and felt the different energies of precious stones and crystals.

Welcome 2010

Coming up Thursday the 21st you will have a chance to learn and practice psychometry. Learn how the energy of different objects tell us a story.

John Rogers, author, lecturer and practicing medium for over 30 years, brings a unique energy and passion to this workshop.

Our future is looking bright!

In February, Kathleen & Beverley will host the showing of a new movie by Mike Dooley from The Secret, "Thoughts Become Things". Mike explains the most powerful principal, The Law of Attraction, and how using this law you can have anything you can imagine. Vision boards, worksheets, and discussion following the movie.

In March, Dee Loebel teaches EFT (Emotional Freedom Therapy), Tap Tappas and more techniques that erase negative thought patterns and their triggers. It's all just fingertips away from balancing your energy system.

Movie Review:

AVATAR

This is a must see movie. 3-D is highly recommended. This is a great love story that expresses the wonderful connection of spirit and energy in all living things.



Check out the website for Toolbox Journeys recommended books

What's in your toolbox?

Toolbox Journeys wants to know what tools you would like to have to enhance your journey.

Book discussion group, tele-classes, animal spirits, spiritual solutions, support groups, herbs, etc.....

Email or call with any suggestions.

We are the results of our decisions,
Not the victims of circumstance

TAKE TIME

Take time to think;
it is the source of power.

Take time to read;
it is the foundation of wisdom.

Take time to play;
it is the secret of staying young.

Take time to be quiet;
it is the moment to seek God.

Take time to be aware;
it is the opportunity to help others.

Take time to love and be loved;
it is God's greatest gift.

Take time to laugh;
it is the music of the soul.

Take time to be friendly;
it is the road to happiness

Take time to dream;
it is what the future is made of.

Take time to pray;
it is the greatest power on earth.

Coming Events

Thursday, January 21 from 7-9pm

"Working with Psychometry" with John Rogers

Thursday, February 18 from 7-9:30pm

"Knowing is an inside job, The Law of Attraction "

Thursday, March 18 from 7-9pm

"Learn EFT, Tat Tapas and more" with Dee Loebel

Get Smudged!

The Center for Healing Arts in Melbourne, offer monthly new & new moon ceremonies. A clearing of all negative energies thru smudging (cleansing technique), then ceremonial chanting, drumming and more. This is a wonderful feel good experience! A great way to release or begin intentions.

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